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## PLAZA MEDICAL CENTRE

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On Behalf of Sterry Care Pty Ltd  
ABN 52 134 020 072

### Pregnancy Care at Plaza Medical Centre

Congratulations on your pregnancy!

Pregnancy is very special time and we are here to help make it as enjoyable and safe as possible. This sheet will help outline routine pregnancy care with our Team.

**Care options** (please let Plaza know which model of care you would prefer)

For an uncomplicated pregnancy in the Goldfields you have the following options for care;

- All your pregnancy care with our midwife and GP Obstetricians at Plaza (visit fees apply)
- All your pregnancy care with the Kalgoorlie Hospital Antenatal Clinic (free)
- Shared care with our team and either your GP (if they are trained to do shared care) or the Hospital

#### **Visits at Plaza**

During an uncomplicated pregnancy you would expect to see either the Dr or the midwife about 8-10 visits

First visit ~6-8 weeks – the midwife will take your medical history and you will be started on a hand held antenatal record. An appointment with a doctor will be then arranged. Please come with a full bladder to see the doctor as an ultrasound to help date your pregnancy (and make sure there is only 1!!) may be performed.

4-6 wkly visits until 32 weeks (with either Dr or the midwife here)

2 wkly visits until 36 weeks

Then weekly until delivery

Normal antenatal visits with Dr will be \$80 (out of pocket cost ~\$40). Midwife visits are \$40 (out of pocket cost ~\$17). One of the visits (usually the 28 week visit) will be \$160 (out of pocket cost ~\$38.70). For all your normal visits after 20 wk please bring your **antenatal book** with you. Please do a urine sample while waiting for your appointment (pots are available in the toilets or take one during your visits for the next one). You will need to book into the hospital for your delivery around 16 weeks so please ensure you get the relevant paperwork at the visit after your 12-13 week ultrasound.

The doctors at this practice are General Practice Obstetricians. Please note should you develop significant complications in your pregnancy or delivery you may be referred to the Kalgoorlie Hospital High risk Obstetrician clinic for further advice/management. Should you have any further questions regarding this please discuss this further with one of our doctors.

#### **Ultrasounds**

It is common for the Dr to do ultrasounds during your pregnancy. The fee for ultrasounds is \$55. If these are done for medical reasons there is a medicare rebate that can be claimed when you claim for the consult (out of pocket ~\$30). It is important to understand that our Dr's are not specialists trained in ultrasound and therefore any suspicious features seen on ultrasound here will need to be followed up with a formal ultrasound.

Should you like to have an ultrasound for non medical reasons (such as looking at sex or for family to have a look) this can often be accommodated. These however will be privately charged at \$50 per scan and there is no medicare rebate. These scans will not be used to look for abnormalities.

#### **Delivery**

If you have private insurance your chosen doctor will manage your pregnancy and be responsible for you during your labour and delivery (unless you are advised otherwise). Should you choose to use your private insurance for your delivery care there will no out of pocket costs for your delivery.

If you are choosing to be admitted as a public patient you will be covered by medicare for the delivery. You will be cared for at the hospital for your delivery by the midwives supervised by the rostered doctor on-call. That may include the hospital resident doctor, Dr Keen, Dr Sterry or the oncall obstetrician.